



## Estate rules for guests

### Swimming pools

- The swimming pools and adjoining children's playground are unattended so used entirely at your own risk.
- Children under 12 must be accompanied by an adult.
- Only plastic glasses and bottles are permitted in the pool or surrounding areas.
- Diving, running, shouting and the climbing of trees, rocks or bridge is not permitted.
- Children must be toilet trained or wear appropriate swim diapers in order to use the pools.
- No playing with balls, frisbees, etc by the pool or on the beach.
- No large inflatable water devices are permitted in the pool. Children's swimming aids are an exception.
- Hours of operation are daily from dawn to dusk.
- Sun loungers are on a first come first served basis.
- No smoking is permitted on the sun loungers.

### Beach loungers

- Allocation of beach loungers is arranged by the beach attendants at the beginning of your stay. To have your loungers allocated please first register at the office, collect your towel tokens and then make yourself aware to either Rocky or Kemar.
- Please do not move beach chairs, especially in front of other guests. Please ask for assistance at all times. We reserve the right to change your seating if necessary.
- Smoking is not permitted on the sun loungers or on the beach above the High Water Mark.

### Beach safety

- There is no lifeguard facility on our area of the beach so please take care at all times.
- The sea is unpredictable and dangerous. Riptides and freak waves can happen at any time.
- Supervise your children fully at all times even in shallow water.
- Never swim in the sea if there is a red flag flying by the lifeguard hut.
- Never swim alone.
- Never swim at night.
- Avoid turning your back to the sea.
- The designated swimming area is surrounded by buoys. When snorkeling outside this area be aware of boats and jet skis. There is a snorkeling buoy available from the beach attendants for added safety.
- Do not stand on or touch the coral.
- Be very careful if walking around the rocks. Do not attempt to walk around at high tide.

### Gymnasium

- Appropriate dress and shoes are required.
- The equipment must be cleaned after use.
- Children under 12 years are not permitted in the gym and those between 13 and 16 years must be supervised by an adult.
- Hours of operation are daily from 5 am to 10 pm.

### **Tennis courts**

- Reservations need to be made at Guest Relations.
- You can hire a racket and purchase tennis balls from Guest Relations.

### **Apartment etiquette**

- Towels and other clothing must not be hung from the balcony banisters. Most apartments have a drying rack for such purposes. If your apartment does not have this, please contact your Apartment Manager.
- Please be respectful of your neighbours and keep loud noise and music to a minimum.

### **Towel policy**

- Beach towels are available for use during your stay. Register in the office and receive your towel tokens, these can be redeemed for towels from the Beach Butlers .
- Towels can be exchanged daily and the tokens should be returned at the end of your stay. Lost towels or tokens will be charged at \$50 per towel.

### **Smoking**

- Smoking is prohibited by law in all covered public places in Barbados including the bar and restaurant, band stand, gym, staircases and corridors.
- Glitter Bay does not allow smoking in the apartments, including on the balconies and the sun loungers on the beach or around the pool.

### **Bar and restaurant**

- Only food and drink purchased from the bar and restaurant can be consumed in the bar and restaurant.
- Lunch is currently served Tuesday to Saturday 11:30am to 3:00pm The bar is open from 11.00am to dusk daily or when last guest leaves.
- Happy Hour is daily between 5 pm and 6pm daily.

### **Visitors**

- If you wish to have visitors they are welcome to use the bar and restaurant or visit in your apartment subject to the General Managers prior approval.

### **Car parking**

- Only one car per apartment can park directly outside the apartments, all other vehicles should park at the parking areas near the entrance.

### **Garbage**

- Garbage bins are located in the small recycling area adjacent from the main parking spaces.
- Recycling bins are available in the same area as the garbage and are clearly marked. Items that can be recycled are glass and plastic bottles, tins, paper and cardboard.

### **Hurricanes**

Although hurricanes are very rare you should be aware a **Hurricane Warning** is announced when winds of more than 75mph are expected to strike within 24 hours. At this time, do not go sightseeing or bathing but contact the office for current hurricane instructions.

## IMPORTANT CONTACT INFORMATION

### EMERGENCY PHONE NUMBERS

POLICE	211
FIRE	311
AMBULANCE	511
SANDY CREST MEDICAL CENTRE	419 4911
QUEEN ELIZABETH HOSPITAL	436 6450